

DYNAMIC MOVEMENT WORKSHOP

WORKSHOP AGENDA

7:45-8:00 AM- ARRIVAL AND CHECK-IN

- Sign in for CE hours.
- Pick up your seminar packet and name tag and 3X5 card.
- Get your spine examined by Dr. Weber.
- Set up your portable adjusting table.

8:00-9:00 AM- BREAKFAST

- Enjoy your “all you can eat” breakfast buffet.
- This is your first “eat and learn” activity.
- Video presentation: Three types of thrust; achieving therapeutic adjustments; advanced palpation and adjustment of the sacroiliac joint.

9:00-10:00 AM- INTRODUCTION

- Meet Dr. Paul Weber
- Learn about attitudes for success
- Overview of workshop agenda
- Demonstrate the “One Minute Spinal Scan”
- Demonstrate the procedure of new patient spinal screenings
- Presentation of Occiput/Atlas evaluation and treatment
- Define our terms: “movement”, “fixation”, “dynamic movement”

10:00-11:00 AM- PRACTICE SESSION #1

- One Minute Spinal Scan (Share your personal 3X5 card information)
- Occiput-Atlas evaluation

11:00 AM-12:00 PM- DYNAMIC MOVEMENT

- Present the Dynamic Notation System: Record keeping of the patient’s evaluation and treatment.
- Discuss the specific spinal palpation in 6 directions of movement for the lumbar, thoracic and cervical spine.

12:00-1:00 PM- PRACTICE SESSION #2

- Using the Notation system, record your specific findings in the lumbar, thoracic and cervical spine.
- Learn to locate and adjust the ONE major fixation.
- Notice the dramatic change throughout the spine.
- Demonstrate occiput/atlas as a major fixation.
- Demonstrate occiput/atlas as a compensation.

1:00-2:00 PM- LUNCH

- Enjoy your “all you can eat” lunch buffet.
- This is your second “eat and learn” activity.
- Video presentation: Advanced palpation and adjustment of the lower extremities (feet, hip, knee)

2:00-3:00 PM- ORIENTATION- NEW PATIENT: FIRST VISIT

- Demonstrate the first consultation
- Demonstrate the physical examination

3:00-4:00 PM- PRACTICE SESSION #3

- Role play physical examination
- Practice sacroiliac joint evaluation

4:00-5:00 PM- Discuss the variables involved in finding the ONE major joint fixation

5:00-7:00 PM- PRACTICE SESSION #4

- Practice evaluation of extremities
- Practice locating the ONE major joint fixation
- Practice treating the ONE major joint fixation

7:00-7:30 PM- NEW PATIENT: SECOND VISIT

- Demonstrate the report of findings –two parts.
- Demonstrate the patient’s first adjustment.
- Demonstrate the “full body treatment in 7-10 minutes”

7:30-8:00 PM- CONCLUSION

- Demonstrate the patient specific exercises
- Workshop conclusion, summary and implementation for Monday morning.